



WINDS OF GOD



Fall/Winter 2007

The Newsletter of St. Dorothy's Rest

Volume 3 Issue 2

Board of Directors

- Bishop Marc Andrus
- Barbara Bisel
- Sarah Crawford
- Peter Crawford
- Virginia Fox
- Rich Gianello
- Jennifer Hornbeck
- Richard Kemink
- Ruth Maricich
- Grace Martin
- Eric Metoyer
- Scott Rhoades
- Donald Schell
- Thomas Skillings

Administrative Staff

- Ben Evenbeck
- Katie Evenbeck
- Lori K. Ford
- Diane Larkin
- Brian McCarthy
- Michael Mitsuhashi

Office:
 (707)874-3319
 Fax:
 (707)874-3349
 Email:
 sdr@monitor.net
 www.stdorothysrest.org

FROM THE DIRECTOR: THE IMPORTANCE OF RITUAL

THERE IS A PLACE, ST. DOROTHY'S REST

The St. Dorothy's Rest ritual holds special meaning. For fifty-six days in the summer, the ritual closes every night of camp. I always cry during the last ritual of the summer as it marks an end to camp. This year, during Ankle Bitters Camp (ABC), I celebrated the last ritual of the summer with Katie Prosser(Carlisle) and her son, David. Katie Prosser served as the Camp Director when Mark and Jean Farmer were at St. Dorothy's Rest. It was such a gift to welcome her back and to introduce her son David to camp.

Katie Prosser once told me that she sings the ritual every night to her kids as they go to sleep. I have also participated in the ritual outside of the summer camp season. Here are a few of the more memorable times this year:

Peter Carey, former camper in the seventies, at the Lock Smith shop in San Bruno. Bishop's Ranch during the Leadership-In-Training (LIT) teen camp. Holy Scrappers Retreat at Lydia House on retreat at St. Dorothy's Rest. Streets of Richmond, CA with our Youth Enrichment Strategies (YES) campers and their families.

The historic ritual, like the spirit of St. Dorothy's Rest, is not confined to the physical boundaries of camp. The ritual is of central importance at camp yet its influence is profound as we take it out into the greater world. I am deeply moved by Katie Prosser's story of singing her children to sleep with the ritual and the rituals I have participated in this year. All have been impromptu and surprising and perfect.

"ALL IS WELL, SAFELY REST, GOD IS NIGH"

If you have a special story about the St. Dorothy's rest ritual, please mail or email me your story and we will share it on our website.

FROM THE BOARD: GOD HAS MADE THIS PLACE OF REST

I have the pleasure of writing this article on a rainy day at Saint Dorothy's. I am always struck when I come up here how quiet it is, and am reminded of our motto "God has made this place of rest." Saint Dorothy's is a place apart.

Each summer it is a place apart for children whose lives are packed full with school work, sports and video games. A place where friends, nature, art, music and prayer set a different rhythm. For two weeks each summer children who are healing from serious illness find a respite from the endless visits to doctors. In a life where they are often constrained by their illness, they are set free.

Each year people come to the redwoods at Saint Dorothy's to write, or plan, or pray. Leaving behind the pressure, the noise and the busyness of life in the city, they come to find a place apart, a place soaked in rest, where the quiet whisper of the sacred can make its way to the surface.

I am grateful for those who have offered their gifts of time and money over the last hundred plus years to make such a place possible. We are now moving into a new year, with a new board, finding new ways to work together to preserve and enhance this place of rest. There are many opportunities for people to use their gifts and talents to be a part of preserving and enhancing this place of rest. We would welcome your participation, so don't hesitate to contact me or Katie. Please come visit when you are able. We all are blessed when we take a time apart for rest.

Faithfully,
 The Rev. Thomas Skillings
 Board President
 (650) 348-4811 or tskillings@stpaulsburlingame.org



Katie Evenbeck pictured with Project Linus Dolls, made by Elim Lutheran Church Women's Retreat.

FROM BISHOP MARC ANDRUS



After a long, anticipated wait, I finally got to visit St. Dorothy's Rest, and during a most important part of their yearly rhythm of life. I have to believe that now is the time when I could have and needed to visit and begin to understand this unique, important part of our Diocesan family.

In addition to the church summer camps that St. Dorothy's runs, quite parallel to those at the Bishop's Ranch (it should be noted that both camping programs are fully subscribed), you might say that the heart of St. Dorothy's is the medical camping programs. In one session, children who either have cancer, or have siblings with cancer, are the campers, and in the second, children who have received transplants are the campers.

Everyone involved in these camps is so evidently full of grace: the campers, the counselors, the nursing staff, the camp administrators, cooks and maintenance staff. I was surrounded, enveloped, floored by the compassion and grace that abounded at St. Dorothy's.

Let me simply sum it up by recounting the morning gathering today: Campers and counselors all standing in a circle, holding onto each other, asked by our chaplain, the Rev. Chip Barker-Larrimore, to name one thing for which each of us is grateful. When two tiny boys, at different points in the circle said, "Scientists," my heart was pierced, but when perhaps the smallest child said, simply, "Life," I was not sure I could trust myself to walk, in all truth. To see so clearly, to say it with such simple honesty, at such a young age, tutored by loss and pain, and also by love - I was overwhelmed.

So, I'll try to be as simple as that little boy. I'm grateful for the graceful human beings at St. Dorothy's and for the hospitality they showed me in allowing me to visit. I will be doing all I can to forward the ministry of this sublime place in the future.

-Bishop Marc Andrus

A REUNION FOR A GREAT CAUSE

On Saturday, October 13, 2007, a group of volunteers from St Dorothy's joined the Episcopal Charities' 29th Walk-A-Thon. 200 walkers raised over \$35,000. After pouring rain Friday before the event, the skies cleared on Saturday and we were blessed with sunshine and warm temperatures.

We started at Grace Cathedral and took the 15 mile route. Our walk took us past 9 facilities that partner with Episcopal Charities to help support outreach programs in the San Francisco Bay Area. At each stop, we heard a little bit about that agency's story, the work they do and their mission. They also generously supplied us with water, snacks and homemade goodies. When we arrived back at Grace Cathedral, some six hours later, we were greeted with cheers and a lunch that was prepared by Episcopal Community Services' CHEFS program.

St Dorothy's was awarded a Certificate of Appreciation for being the Group with the Most Youth Walkers. Amelia Ford received an award for being a Youth Walker 12 or Under Who Completed the entire 15 mile walk. Great fun was had by all as we enjoyed each others company and a beautiful day in San Francisco raising money for such a worthy cause.



-Lori K. Ford
Office Manager



THANKS TO THE 2007 SUMMER CAMP STAFF

This past summer, Saint Dorothy's was filled with fun and adventure as returning campers and new campers met up each week to try new activities and experience living together amongst the redwoods. By the end of the summer, every building at Saint Dorothy's had some remnants of camp. The energy of all the camper still present, the staff became a big family, supporting each other through the intensity that comes with giving so much love and energy every day for eight weeks.

The St. Dorothy's staff put out consistent, positive energy to help create a fun and safe environment for the campers. Reflecting now, three months after camp, the campers smiling faces and the community of counselors continue to have a presence in my mind. I am impressed by the different communities that evolved amongst the consistent, wonderful traditions that help Saint Dorothy's provide a unique camp experience every summer.

-Erin O'Brien
St. Dorothy's 2007 Camp Director

THE QUIET COYOTE IS A MUCH BELOVED CREATURE DURING ST. DOROTHY'S SUMMER CAMPS. HOW MANY QUIET COYOTES CAN YOU FIND IN THIS NEWSLETTER? ANSWERS ON PAGE 7.



A BIG SHOUT OUT TO THE 2007 SUMMER CAMP CHAPLAINS:

Bishop Marc
Rev. Daniel Simons
Rev. Paul Fromberg
Emily Lyons
Rev. Jen Hornbeck
Rev. Chip Larrimore
Rev. Ron Culmer
Rev. Julie Graham
Rev. Stacy Williams - Duncan

Thanks for coming to "laugh, work and pray in an atmosphere of love."



Rory Gershen-Lewis loves camp!

Contributor (up to \$99)

Michael & Anne Becker
 Kirk Beedle
 Elizabeth Bellock & Douglas Ross
 Linda Beltz
 Frances E. Boardman
 Karen Burke
 The Rev James T. Brown
 SueAnn & John Calmayer
 Lynette Canfield
 Amos & Sally Jo Carey
 Leon Cejas
 The Rev John Conger
 Dr Sherrie Connelly
 Dave Cooperburg
 Patricia DeVea
 Mrs. H. Douglas Cosby
 Kathryn Duke & Niels Kjellund
 John & Wendy Dwyer
 Dr. Everett & Gloria Powell
 Peter Ferber
 Lee Follett
 Lynn Fuller
 Shirley Goldman
 Lee Greenlund
 Jill Griffin
 Bertha H
 Ann Hanson
 Shari L Hopkinson
 Thomas & Sharline Hendrickson
 SA Huffman
 Hazelee Jaberg
 Jame Earl Jewell
 Joan Kidd
 Susan Kim
 Allen Klein
 Martha Kronen
 Carole Lee
 Dynine Lesley
 Aldona Lidgi
 Barbara Lingle
 Dennis & Katherine Loyer

Sam & Cheryl Lu
 Inez Lybeck
 Campbell & Kris McLeod
 Michael & Ellen McHenry
 Ellen Bastain McHenry
 Mark Miller
 Joe Monteadora
 Amy Morgenstein
 Lisa & Gregg Napoli
 Laura Neish
 Glendora Patterson
 Jackie Patterson
 Laura Patterson
 Laura Peterson
 Katherine Powell
 Mark & Anne Satterfield
 Charles & Susan Savage
 Laurie & John Schlesinger
 Nick & Shelia Shener
 Nathan Shin
 George Silides
 Gerald & Melisande Skillicorn
 Rick & Kelley Stanley
 James S. Stewart
 Mrs. Gene Stocking
 Linnea Tennison
 Edward & Mary Thronson
 Carol Tucker Trelease
 Vicki Varghese
 Edwin A Waite
 Lisa Warry
 Holly Wars
 Laura & Dean Winslow
 Ray & Lori Williams
 Norman Wohlken
 Erica Wolfson
 Kim Wong
 Yochiko Takayama

Friends of St. Dorothy's (\$100-\$499)

Barbara & Clark Bisel
 Kathryn Bonsey
 Isabelle Boone
 Kenneth Booth
 Amos & Sally Carey
 Jim & Bente Carter
 Gretchen Chertov
 Virginia Cohon
 Steve Controulis
 Marjorie Cope
 Jack Daniel
 Linda Larsen Daniel
 Carolyn G. Deacy
 Gary Dickinson
 Charles Schwab Corp Fdtn Matching Gift
 Gary Dickinson
 Barbara Dunlap
 Foundation for Healing Ministry Programs
 Bonita Palmer
 Art & Louise Glueck
 Rev Dr David Gortner & Heather A
 Vandeventer

Edward Haertel
 William Hocker & Algirdas Sodonis
 Bruce Johnson and Claudia Perkins
 Frances Anne Lana
 Christopher Lewis
 Forrest & Vallena Lipske
 James T Losee
 Maricich Design Group
 Greg Merrill
 Caroline Maskell
 Eric, Jessica & Robby Metoyer
 Jessica N Metoyer
 Brian McCarthy
 Sean & Sabine McCarthy
 Rev Linda Moore
 Barbara Morrison
 Christine & Ron Perris
 Timothy & M Esther Sandoval
 Laura Lenore Simons
 Sonoma County Children's Cancer
 Foundation
 St. Paul's Episcopal Church Walnut Creek -
 Rev. Phil Brochard.
 St. Mark's Episcopal Church Palo Alto -
 Rev. Matthew McDermott
 St. John's Church - Men's Group
 Paul & Mary Thorman
 Mr. Edwin A. Waite
 Karen Waskow

ANNUAL FUND UPDATE

St. Dorothy's has received \$99,500 in donations this year for the general fund, facilities, Health Camps and Camperships. Our goal is to raise, \$132,000 to support the life and work of this important ministry. Please consider making a generous, year-end, tax deductible gift to St. Dorothy's rest and help us surpass last year's total.

Randall & Katharine Willens
Lydia Montegale Benefactor (\$500-\$999)
 Energy 92.7 & Verizon/Community
 Spotlight Award
 Jerri Badenhop
 John & Jean Brennan
 Christian Social Relations Section - League
 For Service -
 Episcopal Church of St. Matthew
 Rev Peter & Beva Farmer
 Virginia & Timothy Fox
 Hughes Construction
 Gloria McCarthy
 Grace M. Martin

Christopher Throman & The Rev. Chip Larrimore
Raymond & Barbara Mackey -
Rev Robert & Margaret Miller
Martha D McKenna
Shepherd by the Sea Episcopal/Luthern Mission

Nellie O. Lincoln Club (\$1000 & over)

ANONYMOUS
Rob & Jenny Bolt
Betty Brachman
California Statewide CDC - On behalf of
Karen Goodell
Church of Saint Matthews
Diocese of California
Ben & Katie Evenbeck
Mark & Jean Farmer
Charles & Ann Johnson
Richard S Kemink
Lucille Packard Foundation for Children's Health
Peter Musto Charitable Trust
Scott & Roxanne Rhoades
Rev Donald & Ellen Schell
Patrick K Scott Fund of Episcopal Charities
St. Stephen's Orinda - Rev Larry Hunter
John & Rev. Fran Tornquist
Episcopal Charities

Participate in a Work Day

Eric, Jessica & Robby Metoyer

In-Kind Donations:

Copier-Community Church of Sebastopol
Rev Gene Nelson
Marsha Greenfield
Boys House mattress & furnishings
The Rev Donald Schell
Volvo-Rebecca Nelson
Mini-Van from Peter Carey
Stove & Dishwasher from The Hart Family
Lights from Joe & Sherri
Brian McCarthy
Paint Discount-Sherwin-Williams,
Santa Rosa
Wine glasses, etc. Jim Conway
Dolls- Elim Luthern Church Women
Piano-Jim Steward
Vacuum Cleaner- Rebecca Lynch
Chairs-St. Paul's Burlingame

Volunteers

Javier Galito-Cava
Luke Farmer
Simon Farmer
Betty Jones
Christine Pollard
Liz Stein
Alicia Bueschen
Chloe Leibert

Gifts in Honor of:

Aldona Lidgi
In honor of Janet Bolles 80th birthday
Barbara Lingle
Happy Birthday Scott Evenbeck
Rev Fran & John Tornquist
In honor of Chelsea d. dog
Energy 92.7 & Verizon/Comm Spotlight Award
In honor of Christina Pollard
John Tornquist
In honor of Rev Cn Frances C Tornquist

Gifts made in memory of:

Mrs. H. Douglas Cosby
In memory of H. Douglas Cosby
SA Huffman
In memory of Nellie O. Lincoln
Joe Monteadora
In memory of Chuck McLain
Carol Tucker Trelease
In loving memory of Richard M. Trelease Jr
The Berkley Agency -
In memory of the Rev. Frank & Victoria Plaisteu
Virginia Cohon
In memory on Linda Riley
Jack Daniel
In memory of Marion Elizabeth Newgard
Linda Larsen Daniel
In memory of late husband Rudy Daniel
Bruce Johnson and Claudia Perkins
In memory of Dorothy Parker Connors
Timothy & M Esther Sandoval
In memory of Maggie
Jeri Badenhop
In Memory of Peggy Prince
Raymond & Barbara Mackey -
In memory of Sister Lydia
Rev Robert & Margaret Miller
In memory of The Rev. Peter Farmer
Shepherd by the Sea Episcopal/Luthern
In memory of The Rev. Peter Farmer
Carole Lee
In Memory of Rev Peter Farmer

Donations as of November 15th, 2007. Donations received after November 15th will appear in the next newsletter.

Our tradition has and will continue to be that no child is turned away for inability to pay. Money that is donated and designated to the "Campership Fund" is used to fund a portion of the cost for a child to be a camper for a week at St. Dorothy's Rest. The average cost for a week of camp per child is \$500

WISH LIST

Highspeed internet service for a year.
Work truck for grounds and maintenance.
Minivans to transport children -
daily errands.
Front end loader tractor.
Drill press.
Flashlights and lanterns.
Most hand and power tools.
Power washer.
A generator to use during power outages.
Winch or come-a-longs.
Donations of tools & time from skilled laborers in electric, plumbing, carpentry,
HVAC, mechanics.



Katie and David Prosser,
Founding members and participants in
ABC camp
at St. Dorothy's Rest

MANY WAYS TO GIVE TO ST. DOROTHY'S REST

St. Dorothy's Rest Episcopal Camp & Retreat Center has been in continuous operation since 1901. I'm often asked by people, "how we do it?" How do we manage to clean, cook, and provide a space for retreats and camps at such an affordable price?

The answer, You. Because of you, our generous current and potential donors, we have and will continue to provide:

- ✓ Over \$20,000 in campership assistance to campers.
- ✓ Two weeks of Health Camps at a cost of \$50,000 for Lucille Packard Children's Hospital transplant patients, Sonoma Children's Cancer Foundation and California Pacific Medical Center, Dept. of Oncology patients at no cost to the parents.
- ✓ Affordable retreat rates, 2 Nights, 5 Meals with linens at \$150 per person.

Please consider making a generous gift to St. Dorothy's Rest so we can continue to offer important camp and retreat ministries. Gifts may be designated to specific programs such as Camperships, Health Camps, or Buildings and Grounds. In-kind gifts are also accepted and very much appreciated. We are also beginning to provide work retreats for individuals, families, youth and adult groups to assist with many projects throughout camp.

FROM THE GROUND UP



The woodshed holds 2 cords of firewood

A fire is one way that many guests at St. Dorothy's Rest connect to the sacred. A fire on a winter day or night offers heat, a pleasant scent, and a starting point for reflection and meditation. Summer campers enjoy the songs, skits and fellowship shared around a campfire on a cool summer night.

Pine and Douglas Fir wood are used as the 'starter' wood in fires. These softwoods have

a great aroma, and a nice crackle when they burn, They do not provide as much heat or burn as long as hardwoods, and cause more creosote build up in chimneys.

Tan Oak, Madrone, Black Walnut and Apple wood are the types of hardwoods used. The hardwoods burn longer, cleaner and at a much higher temperature than the softwoods.

CONVENIENT WAYS TO REMEMBER ST. DOROTHY'S REST

Please consider including St. Dorothy's Rest in your will or estate plan. Your ultimate gift would mean so much and would be a way to make St. Dorothy's Rest a permanent part of your personal legacy of support.

As beneficiary of your will or trust, the amount may be a specific dollar amount. Preferably, the gift is expressed as a percentage—for example, "To St. Dorothy's Rest, a Not For Profit Corporation located in Camp Meeker, California, I leave 20% of the remainder of my estate."

For referral to an estate planning attorney or to write a simple will for \$75, call the Gift Planning Department of the Diocese of California at (415) 869-7812. Or find the information you need at www.EpiscopalGift.org "Making a Will" and "Making a Bequest."

As beneficiary of your IRA, 401(k), or 403(b) For example, "40% to St. Dorothy's Rest, a Not For Profit Corporation located in Camp Meeker, California" To do this, just call the toll-free number on your plan statement and ask for a "Change of Beneficiary" form. It's easy! Same with life insurance—even with an employer-provided policy.

As a beneficiary of charitable gift annuity. A charitable gift annuity (CGA) will pay you assured lifetime income and then benefit St. Dorothy's Rest. Find out more at www.EpiscopalGift.org.

For more information, you may call Katie Evenbeck at (707) 874-3319 or the Rev. Richard Schaper, CFP, Gift Planning Officer of the Episcopal Diocese of California, at (415) 869-7812.

A cord of wood, soft and hard, is measured as 4 feet high, by four feet wide and 8 feet long.

In 2006 St. Dorothy's burned 12 cords of firewood. 7 of those cords came from outside sources at an average of \$250 per cord. The rest came from trees either donated to St. Dorothy's or trees brought down in storms or from disease.

So far in 2007(starting in January), 8 cords have been purchased, and 7 cords have come from trees onsite, predominantly Tan Oaks killed by Sudden Oak Death.

Please always remember fire safety when burning a fire: use fireplace screens, supervise children and know the locations of fire extinguishers.

Chimneys and flues are cleaned at least once a year, to be sure they are in working order, are clean and free of obstructions.

REFLECTIONS FROM RETREAT SEASON

As I recall, osmosis is the transfer from one place to another through a semi-permeable membrane. A vague memory from high school biology about a process that occurs in the human body.

After hosting at St. Dorothy's this year, I think osmosis occurs spiritually also. The place itself has an energy and it passes through the semi-permeable membrane of the spirit. This phenomenon is best expressed by the motto, "...a place to experience the sacred". The buildings, the grounds, the trees and the paths all transmit and one is blessed by just being at St. Dorothy's.

Each group that comes to St. Dorothy's transfers their spiritual energy to us.

There is:

- the vitality of youth at camp
- the courage and spirit of the Health campers
- the quiet energy of the meditation groups
- the worship of the religious groups
- the dynamics of the many workshops and conferences

These guests transfer their unique spiritual energy to us while they are gathered at St. Dorothy's. Our spirits receive their gifts through our semi-permeable soul membranes and we are always enriched by their presence.

-Brian McCarthy

St. Dorothy's Resident Host



Brian McCarthy, headed up to Farmer Lodge with some linens in the new golf cart. The EZ-Go electric golf cart was donated by Episcopal Charities to help summer campers with mobility challenges navigate the hilly terrain of St. Dorothy's Rest. It has also been a great help to many retreat guests and the St. Dorothy's staff. Thanks Episcopal Charities!



Hanging out at the St. Dot's pool during summer camp.

TO BOOK A PERSONAL
RETREAT, SCHEDULE A TOUR
AND TO BE ON OUR MONTHLY
EMAIL LIST

PLEASE E-MAIL sdr@monitor.org

or,

CALL THE OFFICE AT

707)874-3319

THERE ARE 6 QUIET COYOTES IN
THIS NEWSLETTER.

ST. DOROTHY'S REST
P.O. Box B
Camp Meeker, CA
95419

NON-PROFIT ORG.
U.S. POSTAGE PAID
CAMP MEEKER,
CA 95419
PERMIT NO. 8

GREEN CHILI EGGS



St. Dorothy's Rest
Head Cook
Diane Larkin

Ingredients:

- 1 8oz can diced green chilis
- 1 lb. grated jack cheese
- 12 eggs
- 1 16oz container sour cream

To Make:

- Mix cheese and chilis
- Grease a 13x9x2 pyrex pan
- Pour cheese and chilis in pan
- Combine eggs and sour cream, beat and pour over chilis and cheese

-Bake in oven at 350 for one hour

“This dish can be mixed the night before, put in the fridge and then baked the next morning. I hope you enjoy this quick breakfast dish.”

-Diane Larkin

St. Dorothy's Rest Camp & Retreat Center is an institution of the Episcopal Diocese of California. Each year, St. Dorothy's hosts retreats and serves over three hundred youth through our summer camp programs. “Winds of God” is a song in our ritual, written by our founder, Mrs. Nellie O. Lincoln.